Psychology 11 – Lesson 1

Mr. Pontalti

Welcome: Introductions (name tags - sticks)

Teacher Web Site: Google "Mr Pontalti"

Course Outline:

Journals: Reflective Process (deepens learning)

\*Reflection examines the processes of experience, enhances awareness of learning about those processes, and highlights changes in feeling, thinking or behaving from that experience. This reflective process happens and we are largely unaware: Ex. skill development -when kicking a soccer ball.

Text books: Get a text from the library

Journal entry #1

Picture the perfect place for trying something new or do something for the first time, (asking a stranger who you think is cute on a date). What does the setting look like, who is there, what does your stranger look like, what are you saying and doing, what are others saying and doing?

What signs or behaviours (things people do and say or don't do and say) build trust in relationships?

Journal Entry #1

Video, watch for behaviours (signs) that build trust, after the video you will then write out your observations.10min. We will have a discussion as a group and I will be asking you to share your thoughts and observations about building trust in a relationship.

<http://www.youtube.com/watch?v=QyB_U9vn6Wk&feature=watch_response>

Discussion: Building trust in relationships.

Popsicle Sticks

Nerf ball (talking stick)

Confidentiality