Psychology 12 – Lesson 1

Mr. Pontalti

Welcome: Introductions (name tags - sticks)

Teacher Web Site: Google "Mr Pontalti"

Course Outline:

Journals: Reflective Process (deepens learning)

\*Reflection examines the processes of experience, enhances awareness of learning about those processes, and highlights changes in feeling, thinking or behaving from that experience. This reflective process happens and we are largely unaware: Ex. skill development -when kicking a soccer ball.

Text books: Get a textbook from the library

Journal entry #1

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Psychologist making observations of high school student interactions. Watch for behaviours (things people do and say) that strengthen and weaken relations between students (5-10 of each), after break write out your observations (describe the behaviors) write for 5 min. We will have a discussion as a group and I will be asking you to share your thoughts and observations.

Discussion: Building trust in relationships.

Popsicle Sticks

Nerf ball (talking stick)

Confidentiality