

Rock Climbing sessions Equipment List:

(Day trips to Boucherie Bluffs)

These day trips will be in September and October, expect cooler fall temperatures likely between 5 and 20 degrees Celsius. Bring a day pack that is large enough to fit all of your gear and a little extra room left for climbing safety gear (shoes, harness, helmet). Wear clothing that allows for freedom of movement and a sturdy runner or hiking boot for walking to the base of the crags. Wear clothing that is made of synthetic material, polyester, nylon or wool avoid wearing clothing made from cotton.

- Loose fitting nylon or polyester track pants
- Shorts- if you're hardy in the cool weather
- Synthetic shirt to wear while climbing and hiking in
- Light fleece or wool sweater to wear over top of your synthetic shirt for a little more warmth
- Heavier fleece jacket or wool sweater for extra warmth
- Wear wool socks, and bring a thin pair of socks to wear while climbing
- Rain coat for wind and rain protection
- Toque
- Gloves or mitts
- Sunglasses
- 2 liters of water
- Lunch and or Snacks
- Camera, small piece of foam to sit on (optional)