## Psychology 12 Lesson 16

## Review from last Class: (lesson 15)

Journal Entry #15 Mental disorders and stigma https://www.youtube.com/watch?v=WrbTbB9tTtA

What does the word stigma mean?

What is the role of compassion in reducing and eliminating stigma?

In groups - Creative expression of compassion to eliminate stigma? Poem, Rap song, Video, more...

Chapter 16 Psychological Disorders

On a piece of lined paper write the title PSYCHOLOGICAL DISORDERS and answer the following 6 questions?

- Who do you know that has some type of psychological disorder? What is there diagnosis? Do you think they are really weird or different - Explain?
- 2. Reading Dibbs in Search of Self What do you think is wrong with Dibbs?
- 3. Identify the general criteria for judging whether behavior is psychologically disordered?
- 4. Explain the medical model approach to psychological disorders?
- 5. Explain the Biopsychosocial approach to psychological disorders?
- 6. Which approach do you think dominates in our Canadian culture? Explain?
- 7. What is the DSM and how is it used? https://www.youtube.com/watch?v=wuhJ-GkRRQc

## **Today's Class: Lesson 16**

## Journal Entry #16

Rosenhan's Experiment: https://www.youtube.com/watch?v=D8OxdGV\_7lo

A label may have "a life and influence of its own"

How did the application of a label effect the participants? What might a psychiatrist do in place of labelling a disorder?

Psychological Disorder:

Definition:

Deviant behavior that causes distress and dysfunction (dysfunction is key)

Causes:

<u>Mystical forces</u> – movement of stars and godlike powers. Treatment –beatings, burnings, castration. Asylums were places to house "them".

<u>Sickness</u> – Physical causes for mental disorders hospitals replaced asylums. Brain disease

<u>Disorder</u> – Mind and Body are inseparable. Social influence, cultural influences and a person's thinking all influence the body. Closing of mental hospitals movement to community based care – integration, but many living on the streets.

Classifying Psychological Disorders DSM 5 Sections: DSM 5 problems <a href="https://www.youtube.com/watch?v=n27YaehttLc">https://www.youtube.com/watch?v=n27YaehttLc</a>

DSM4 chair's perspective on DSM5 and over diagnosis <u>https://www.youtube.com/watch?v=yuCwVnzSjWA</u>

Benefits and Problems with Labels Discussion:

Discussion on content of Dibbs, and social stigma effects on him and his family, school etc.