

# Psychology 12 Lesson 19

## Review from last Class: (lesson 18)

Movie: A Beautiful Mind

Please answer the questions on the movie question sheet and submit for marking.

Journal Entry #18

What impacted you the most from the movie? Why do you think that this impacted you? What is your response to this impact?

## Today's Class: Lesson 19

### Journal entry #19

[https://www.youtube.com/watch?v=JGwWNGJdvx8&list=PLI\\_7Mg2Z\\_-4I-W\\_II55D9IBUkC66ftHMg](https://www.youtube.com/watch?v=JGwWNGJdvx8&list=PLI_7Mg2Z_-4I-W_II55D9IBUkC66ftHMg)

Listen and notice what is happening in your body:

Describe any physical sensations

What are your thoughts (get you thinking about)

What if any emotions are stirred

How is your mood effected?

### Mood Disorders Power Point

Answer power point questions in writing – submit for marking: work in groups of three

## Mood Disorder Assignment:

Find a song in which its lyrics express a mood related disorder:

In a Power point or Presi presentation:

1. List the artist and song title and supply a YouTube hyper link to the song. (5 marks)
2. Explain how the song relates to a mood disorder. (5 marks)
3. What might you do for yourself or someone who is experiencing such a disorder to help them - List five things (5 marks)
4. What are somethings you should not do or say to help someone (5 marks)

\*Include your first and last name in the title followed by the words Mood Disorder Assignment

Example: John Dradger Mood Disorder Assignment (5 marks)

Total (25 marks)