

Psychology 12 Lesson 20

Review from last Class: (lesson 19)

Journal Entry #19 Music and your mood

https://www.youtube.com/watch?v=JGwWNGJdvx8&list=PLI_7Mg2Z_-4I-W_1I55D91BUkC66ftHMg

Listen and notice what is happening in your body:

Describe any physical sensations

What are your thoughts (get you thinking about)

What if any emotions are stirred

How is your mood effected?

Mood Disorders Power Point Slide

Answer power point questions in writing – submit for marking: work in groups of three

Today's Class: Lesson 20

Journal entry #20 Mood disorder - lived

<https://www.youtube.com/watch?v=mpE-oaix5kA>

Mood Disorders Power Point -Last three slides from last class

Mood Disorder Assignment:

Find a song in which its lyrics express a mood related disorder:

In a Power point or Presi presentation:

1. List the artist and song title and supply a YouTube hyper link to the song. (5 marks)

2. Explain how the song relates to a mood disorder.
(5 marks)

3. What might you do for yourself or someone who is experiencing such a disorder to help them -
List five things (5 marks)

4. What are some things you should not do or say to help someone (5 marks)

*Include your first and last name in the title followed by the words Mood Disorder
Assignment

Example: John Dradger Mood Disorder
Assignment (5 marks)

Total (25 marks)

Presentations

Catch up, Reading in Dibbs