

Psychology 12 Lesson 23

Review from last Class: (lesson 22)

Journal Entry #22 Rate your mood 1 to 5 (1 being very low and 5 being very high)

Think of a funny memory or story and write it down. What exactly was the funniest part? Rate your mood again, any change?

Student progress reports

Psychological Disorder Final Assignment (See Marking Sheet for Criteria)

Catch up work, Reading in Dibbs

Today's Class: Lesson 23

Journal Entry #23

Mental Health Stigma Support ?

<https://www.thestar.com/yourtoronto/education/2017/03/20/teens-draw-on-experience-to-create-mental-health-program-for-high-schools.html>

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