

Review last class (lesson 1):

The reflective process –

*Reflection examines the processes of experience, enhances awareness of learning about those processes, and highlights changes in feeling, thinking or behaving from that experience.

This reflective process happens and we are largely unaware: Ex. skill development -when kicking a soccer ball.

Journal Assignment #1

Video, watch for behaviours (signs) that build trust, after the video you will then write out your observations. 10min.

http://www.youtube.com/watch?v=QyB_U9vn6Wk&feature=watch_response

Text books – Library

Discussion: Building trust in relationships.

Popsicle Sticks

Paper towel role (talking stick)

Confidentiality, Suspending Final Judgements

Today's Class: (Lesson 2)

Discussion: What makes a high school class one in which you feel safe, or unsafe?

Trust activity.

Journal Entry #2 Trust me! (3 steps)

Step 1: Use the following list of words as prompts write a story about a baby's morning: *mother, baby, play, blanket, hug, smile, story, pretend, teddy bear, lost, found, and nap.*

Step 2: Read the Journal entry #2 article.
(Handout)

Step 3: How difficult or easy is it for you to trust people? Please explain (according to the article above) why you are dispositioned this way?

Profile page: Using Mr. Pontalti's profile as a template begin developing your own profile page using google documents. You will need to sign up for a free gmail account if you do not have one.

PART 1

1. Insert a picture of yourself (see your face clearly) and a favorite Quote
2. Write a paragraph all about yourself
List three things you have accomplished.
Answer the four personal profile questions. (see template on teacher web site: Psychology 11 tab