Review last class: Lesson 40

Journal Entry #40 The mind asleep –start at 11min. https://www.learner.org/vod/vod_window.html?pid=1510

Handouts

7-2 Revised sleep and dream information questionnaire

7-3 National sleep foundation's sleep IQ test

Power Point slides on Consciousness slides 21-33 Handouts 7-6 Am I sleep deprived?

7-7 How good are my sleep strategies?

Complete the dream theories assignment and submit for marking

Reading Keeper N Me

Today's Class: Lesson 41

Watch Movie "Inception" complete movie questionnaire.

Extra time? Reading time Keeper N Me novels