

Winter camping trip: Snow shelter construction and winter survival

NAME:

Item:	Good to go	Not quite ready	Comments:
*Necessities			
*Paper and pencil for journal assignment			
*Sleeping Bag (ideally mummy style, rated -10C or lower, synthetic or down, (if you're a cold sleeper or you're not certain if your bag is warm enough, bring two sleeping bags and put one inside the other)			
*1 sleeping pad – closed cell type or inflatable camp pad-good idea to bring two pads for extra insulation from ground			
* Winter Boots that are water proof and can be closed tight at the top to prevent snow from going inside. (Hiking boots with gators will work but tend to be colder on the feet)			
*Wool Socks (2 pair)			
*Raingear Tops and bottoms (Don't run off and blow your budget on a Gortex coat if you don't already have one; coated nylon raingear will do			
*Toque -warm one (wool or fleece)			
*Polar Fleece or Thick Wool Sweater			
*Wool / Fleece pants or insulated snow pants			
*Light synthetic pants nylon or polyester etc. Ex. jogging or running pants			
*mitts water proof and warm (bring a second pair for back up)			
*Polypropylene or wool long underwear (1 top & 1 bottom)			
*Nylon or polyester shirt (2)			
*Warm ski jacket or three layers of fleece/wool and a water proof nylon shell			
*Eating utensils and cookware (work out in group who brings what)			
*Stove & Fuel			
*Personal water bottle			

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Item:	Good to go	Not ready	Comments
*Comfortable Backpack to carry gear in and keep it dry			
*Good Flashlight or Headlamp (with extra batteries)			
*Sunglasses			
*Sunscreen			
*Tarps/ground sheet			
*Shovels for building snow shelters (minimum per group— one large scoop type per shelter group and one smaller shovel)			
<p>Optional items.</p> <ul style="list-style-type: none"> - Scrubby pad, Camera - Sled set up for holding your gear, extra water - Bivy Sac - Toiletries - First Aid Kit Stuff Sacks Ziplock bags - Extra laces - Whistle - Polypropylene sock liners - Windbreaker and windproof pants (rip stop nylon is good) - Good sun hat - Good Knife (straight blade or lock blade) - Shorts, T-shirts, and lots more layers - Cotton shirt to sleep in - Running shoes or light boot (you may not always want to wear your winter boots) - Bandannas (these are very useful. The more the better) - Long stem candles (GREAT FOR LIGHTING INSIDE YOUR SNOW SHELTER) - Cigarette lighter or matches (the adjustable flame kind are great) - Compass - Sleeping bag liner (an old sheet will do) 			
- Snowshoes if you have a pair bring them			